COVID -19 Club Policy

August 2020

The health and safety of our club members, coaches and support volunteers is our number one priority.

The Coronavirus (COVID 19) outbreak is a very fluid and rapidly changing situation. We will continue to follow advice from England Netball (EN), who themselves are responding to guidance from Public Health England, the World Health Organisation and both local and national government on this matter.

In order to ensure we are following the advice and guidance from EN, we have created a designated role of COVID 19 officer – Lesley Chapman. This role will be responsible for communicating the guidance from EN to all of those involved in the club, in order that all netball activity undertaken by Hatfield Netball Club has the health and safety at the heart of any planning.

As previously mentioned, this pandemic is a rapidly changing situation, and as such the advice and guidance is subject to frequent change. On 3rd August 2020 England Netball released the RiseAgain Campaign which includes the guidance towards a staged return to training and competition.

**We request all our members, parents/guardians of our junior members, coaches and our support volunteers read and follow the following Club principals, pending any future developments or changes being communicated:**

**Risk assessment prior to all activity.**

This will include those in charge of the session and participants being asked to consider if their underlying health, may caution against participation. If you have any concerns, please discuss with your coach prior to attending.

**All players, officials, volunteers and spectators must undergo a self-assessment for any COVID-19 symptoms.**

No-one should leave home to participate in sport if they, or someone they live with, has symptoms of COVID -19 currently recognised as any of the following:

a. A high temperature

b. A new, continuous cough

c. A loss of, or change to, their sense of smell or taste

Should an individual demonstrated any such symptoms, they must follow [NHS and PHE guidance on self-isolation](https://www.nhs.uk/conditions/coronavirus-covid-19/symptoms/)

**Travel to training**

Participants are encouraged to follow best practice for travel including minimising use of public transport and limiting car sharing. People from a household or [support bubble](https://www.gov.uk/government/publications/coronavirus-outbreak-faqs-what-you-can-and-cant-do/coronavirus-outbreak-faqs-what-you-can-and-cant-do#gatherings-public-spaces-and-outdoor-activities) can travel together in a vehicle. See the government’s [safer travel guidance](https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers) for passengers for further information

**Arrival at venues**

Players should strictly limit the time spent congregating outside a venue and should socially distance.

Players must arrive wearing their normal training clothes.

All players and coaches to sanitise before entering the venue

All players must be signed in for NHS Track and Trace, and then go straight to the designated training area as directed by the coaches.

We politely ask those transporting members to promptly drop off and pick up, and not to congregate or socialise on site.

Only coaches and players will be allowed in the venue. This is not only to protect you, but also to satisfy our obligations and agreement with the venue and Government/England Netball guidelines.

Please, no pets are to be brought to the venues and this too could jeopardise our contract with the venue.

**Use of equipment**

The sharing of equipment must be avoided where possible. Where equipment is shared, equipment must be cleaned before use.

Where kit absolutely must be shared or kept together, each person handling it must wash or sanitise their hands immediately after.

Everyone in attendance is expected to take personal responsibility for sanitising hands and equipment, and whilst the club will ensure there are products available, all participants have their own readily accessible (Hand sanitiser – water bottle – ball) in the labelled kit bags.

**Injury treatment**

Injuries during training will still be treated as participant wellbeing is a priority. The best way to protect is through rigorous cleaning, personal hygiene and regular hand hygiene. An increased frequency of cleaning and disinfection of all surfaces and equipment, using standard household cleaning and disinfection products, is recommended. Face coverings are also advisable when undertaking treatment. After contact with an injured participant, clean hands thoroughly with soap and water or alcohol hand sanitiser at the earliest opportunity. This advice is applicable to all situations, regardless of whether there was close contact, or the minimum social distancing was maintained. Avoid touching your mouth, eyes and nose.

**Toilets**

Coaches/players will have access to the venue’s toilets but must socially distance.

There must be an awareness of good handwashing techniques, the need to increase handwashing frequency and to avoid touching the face, and to cough or sneeze into a tissue which is binned safely, or into an arm if a tissue is not available.

**Netball Training**

Socially distanced warmups

Netball fitness activity will continue to be delivered with 2m social distancing measures in place.

Small sided games and match play aligned to the modified rules

Players should always remain in their designated area and avoid making physical contact with other players. In the event that a player’s ball goes outside of their area another player can kick the ball back (not throw) or alternatively players will move out of the way to maintain social distancing so that the player can retrieve their ball.

Players and coaches should avoid touching court gates, fences, benches and netball posts where possible on outdoor courts – benches and netball posts in indoor courts

If different squads are using multiple courts, a one-way entry and exit system will be used if there are separate gates/entry/exit available or, if not, staggered start and finish times will be arranged to ensure that social distancing can be met.

A Level 2 qualified coach can oversee multiple socially distanced groups with assistant coaches. These coaches should be included within group sizes for social distancing.

Netball courts that are adjacent to one another can be utilised providing 2m remains between groups on neighbouring courts and that a one–way entry and exit system is established where possible. If there is only one entry point, start and end times must be staggered.

**Leaving Venues**

Players must vacate the venue as soon as training has finished, they will not be able to stand around chatting.

Players will not be able to shower or get changed.

Players to pick up all their kit bags/drinks bottles etc. No rubbish to be left at venue.

They will be directed by the coaches to the venue exit.

We politely ask those transporting members to promptly drop off and pick up, and not to congregate or socialise on site.